

# Substance Use and Abuse Health Education Implementation Plan



<b>State Board of Education Rule:</b>	<a href="#">6A-1.094122</a> Substance Use and Abuse Health Education
Name of the School District	Alachua
Superintendent of the School District	Mrs. Karen Clarke
Implementation Period: (MM/YY – MM/YY)	10/19 – 5/19
Submission Date to the Commissioner	On 11-25-19 sent to SubstanceAbusePrevention@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	<a href="https://fl02219191.schoolwires.net/Page/24778">https://fl02219191.schoolwires.net/Page/24778</a>
School District Contact(s) for this Plan <i>(name and email address)</i>	Jennifer Wise <a href="mailto:wisejl@gm.sbac.edu">wisejl@gm.sbac.edu</a> Jennifer Taylor <a href="mailto:taylorjp@gm.sbac.edu">taylorjp@gm.sbac.edu</a>

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input checked="" type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input checked="" type="checkbox"/> Peer Counseling	<input checked="" type="checkbox"/> World Languages
<input checked="" type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> Dance	<input checked="" type="checkbox"/> Library Media	<input checked="" type="checkbox"/> Research/Critical Thinking	
<input checked="" type="checkbox"/> Drama – Theatre Arts	<input checked="" type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input checked="" type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input checked="" type="checkbox"/> Community-based Expert			
<input checked="" type="checkbox"/> School Nurse			
<input checked="" type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other School Resource Officer			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>A District administrative team consisting of representatives from the following departments: Curriculum, School Counseling, and online learning, as well as school administrators met to develop this plan. This team reviewed evidence-based materials, online learning programs, and community resources in order to identify multiple options to fulfill the required instruction in the area of Substance Use and Abuse Health Education. The team identified materials to align with the topics outlined in Rule 6A-1.094122. Further, the team developed options for implementation to meet the needs of elementary, middle and high school students.</p> <p>The team discussed the rationale for delivering the instruction across different subject areas to reach all students. Developmentally appropriate instruction and skill building was aligned to health education standards. Since all students are not enrolled in a health education course, it was important to tie all lessons to a credit earning course to monitor implementation and ensure that all students received this instruction. The options and curriculum materials were shared with school administrators who in turn developed a timeline that fit their school schedule and allowed shared access to community speakers and resources.</p>			

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Please describe the methods for delivering the instruction for each grade level.

## **K-5:**

Elementary students will receive instruction through classroom guidance sessions in credit-earning classes. They will additionally receive instruction through PE classes, assemblies and school-wide events such as Red Ribbon Week.

## **Grades 6-8**

Middle school students will receive instruction through credit-earning courses, assemblies, school-wide events and guest speakers.

## **Grades 9-12**

High school students will receive instruction through credit-earning courses, assemblies, school-wide events and guest speakers. Students participate in Prom Promise and other Safe Driving Assemblies to address distracted and impaired driving. School Resource Officers present Know the Law to high school students.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

## **K-5:**

Health and PE lessons aligned to the Health Education Standards – CPALMS resources  
Red Ribbon Week Lessons - <http://redribbon.org/curriculum/>  
Mendez-Too Good For Drugs - <https://toogoodprograms.org/collections/program-kits>  
Teacher resources  
<https://teens.drugabuse.gov/teachers/nida-toolkit>  
<https://store.samhsa.gov/series/tips-teens?>

## **Grades 6-8:**

Health/PE lessons – Health Education Standards - CPALMS  
Red Ribbon Week Lessons - <http://redribbon.org/curriculum/>  
BASE Lessons - 60 lessons on substance abuse  
Everfi lessons  
Hanley Foundation - Alcohol Literacy Challenge  
Teacher resources  
<https://teens.drugabuse.gov/teachers/nida-toolkit>  
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## Grades 9-12:

Health/PE lessons – Health Education Standards - CPALMS

BASE Lessons - 60 lessons on substance abuse

Everfi lessons

Hanley Foundation - Alcohol Literacy Challenge

Teacher resources

<https://teens.drugabuse.gov/teachers/nida-toolkit>

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